SES's L.S. RAHEJA COLLEGE OF ARTS AND COMMERCE(AUTONOMOUS)

Syllabus for Approval	BoS meeting held on: 17/02/2025	AC meeting held on:

Board of Studies: PSYCHOLOGY

Sr. No.	Heading	Particulars
1	Nomenclature of the Course	S.Y.B.A. Exploring Psychology - I
2	Eligibility for Admission	College Admission regulations 2024
3	Passing Marks for eligibility	
4	Regulations	College Regulations on Admission
5	Programme	Bachelor OF ARTS- PSYCHOLOGY Minor
6	Semesters	Semester: III
7	NEP Vertical	Minor
8	Credit	4
9	Level U.G/PG	U.G.
10	Pattern	Semester: III
11	Status (Revised or New) If revised, % of change)	New
12	To be implemented from Academic Year	From the Academic Year: 2025-26

Date: 25/03/2025

Chairman / Chairperson:
(name & signature)

SES's L.S. RAHEJA COLLEGE OF ARTS AND COMMERCE(AUTONOMOUS)

BOARD OF STUDIES: PSYCHOLOGY

PROGRAMME: B.A. PSYCHOLOGY - MINOR

SEMESTER: III

NOMENCLATURE OF THE COURSE: EXPLORING PSYCHOLOGY I

NEP Vertical: MINOR

Credit: 4

(As Per Choice Based Credit System (under NEP 2020) with effect from the academic year 2025-26)

Programme:	**BA- Psychology Minor**
Nomenclature of the Course	**Exploring Psychology I**
Total Marks	**100**
Semester:	**III**
Academic year	**2025-26**

LEARNING OBJECTIVES: 1. To provide a comprehensive understanding of fundamental psychological concepts and contemporary developments in the field.
2. To cultivate an interest in psychology and establish a strong foundation for advanced studies.
3. To develop critical thinking and analytical skills for applying psychological principles to real-world situations.

COURSE OUTCOMES: 1. Describe the key characteristics and principles of major historical schools and concepts of psychology.
2. Demonstrate an understanding of the scientific method and its application in psychological research.

Unit	Course Content	Andragogy	No of Lectures
Module I	1. Learning. 1.1 Definition of Learning. 1.2 Classical conditioning, and Operant conditioning 1.3 Cognitive learning Theory. 1.4 Observational Learning	Interactive Lectures and Discussions	**15**
Module II	2. Memory 2.1 What is memory? 2.2 The Information Processing Model: Three Memory Systems. 2.3 Retrieval of Long – term Memories. 2.4 Forgetting. 2.5 Neuroscience of memory. 2.6 Improving Memory 2.7 Applying Psychology to Everyday life	Interactive Lectures and Discussions	**15**
Module III	3. Cognition: Thinking, Intelligence, and Language. 3.1 How People think. 3.2 Intelligence. 3.3 Language 3.4 Neural Basis of language 3.5 Applying Psychology to Everyday life.	Interactive Lectures and Discussions	**15**
Module IV	4. Motivation and Emotion. 4.1 Approaches to understanding Motivation. 4.2 What, Hungry again? Why People Eat. 4.3 Emotion. 4.4 Components of emotion 4.5 Aggression 4.6 Culture and Emotions 4.7 Applying Psychology to Everyday life.	Interactive Lectures and Discussions	**15**

SUGGESTED READINGS

1 Baron, R. A., & Kalsher, M. J. (2008). Psychology: From Science to Practice. (2nd ed.). Pearson Education inc., Allyn and Bacon

2 Ciccarelli, S. K. & Meyer, G. E. (2008). Psychology. (Indian sub-continent adaptation). New Delhi: Dorling Kindersley (India) pvt ltd.

3 Ciccarelli, S. K., & White, J. N. (2017). Psychology.4 th edi. New Jersey: Pearson education Feist, G.J, & Rosenberg, E.L. (2010). Psychology: Making connections. New York: McGraw Hill publications

4 Ciccarelli,S.K.,White ,J.N.,& Mishra,G.(2018) .Psychology. 5th Edition; Indian Adaptation. Pearson India Education Services Pvt.ltd.

5 Feldman, R.S. (2013). Psychology and your life.2nd edi. New York: McGraw Hill publications

6 Feldman, R.S. (2013). Understanding Psychology 11th edi. New York: McGraw Hill publications

7 King, L.A. (2013). Experience Psychology.2nd edi. New York: McGraw Hill publications

8 Lahey, B. B. (2012). Psychology: An Introduction. 11th edi. New York: McGraw-Hill Publications

9 Myers, D. G. (2013). Psychology.10th edition; International edition. New York: Worth Palgrave Macmillan, Indian reprint 2013

10 Schachter, D. L., Gilbert, D. T., & Wegner, D. M. (2011). Psychology. New York: Worth Publishers. Wade, C. & Tavris, C. (2006). Psychology. (8th ed.). Pearson Education inc., Indian reprint by Dorling Kindersley, New Delhi

11 Smith, E. E., Nolen-Hoeksema, S., Fredrickson, B. L., Loftus, G. R., & Wagenaar, W. A. (2014). *Atkinson & Hilgard's introduction to psychology* (16th ed.). Cengage Learning.

12 **Weiten, W. (2016).** *Psychology: Themes and variations* (11th ed.). Cengage Learning.

QUESTION PAPER PATTERN

(A) FOR CONTINUOUS EVALUATION

20 marks class test	**MCQ---------- 20 marks**

(A-1)

(A-1) RUBRICS FOR CONTINUOUS EVALUATION

20 marks	**Projects ---------- 10 marks**
	Viva Voce---------- 10 marks

(B)

QUESTION PAPER PATTERN FOR SEMESTER END EXAMINATION

60 marks	Q1. Answer in brief (1/2)-------- 15 marks
	Q2. Answer in brief (1/2)-------- 15 marks
	Q3. Answer in brief (1/2)-------- 15 marks
	Q4. Answer in brief (1/2)-------- 15 marks