

**SES's L.S. RAHEJA COLLEGE OF ARTS AND COMMERCE**  
**(AUTONOMOUS)**

Syllabus for Approval	BoS meeting held on:28.3.25	AC meeting held on:
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**Board of Studies: Sociology**

Sr. No.	Heading	Particulars
1	Nomenclature of the Course	Sociology of Health and Medicine
2	Eligibility for Admission	FYBA Pass
3	Passing Marks for eligibility	FYBA Pass
4	Regulations	College Regulations on Admission
5	Programme	B. A
6	Semesters	Semester: III
7	NEP Vertical	Minor
8	Credit	Four (4)
9	Level U.G/PG	UG
10	Pattern	Semester
11	Status (Revised or New) If revised, % of change)	New
12	To be implemented from Academic Year	From the Academic Year: 2025-2026

**Dr Samya Shinde**

Date:

Chairman / Chairperson:

(Name & Signature)

**SES's L.S. RAHEJA COLLEGE OF ARTS AND COMMERCE  
(AUTONOMOUS)**



**BOARD OF STUDIES: SOCIOLOGY**

**PROGRAMME: B.A**

**SEMESTER: III**

**NOMENCLATURE OF THE COURSE: SOCIOLOGY OF HEALTH  
and MEDICINE**

**NEP Vertical: Minor**

**Credit: 4**

(As Per Choice Based Credit System (under NEP 2020) with effect from the academic year 2024-25)



<b>Programme:</b>	<b>B. A</b>
<b>Nomenclature of the Course</b>	<b>Sociology of Health and Medicine</b>
<b>Total Marks</b>	<b>100 marks</b>
<b>Semester:</b>	<b>III</b>
<b>Academic year</b>	<b>2025-26</b>

<b>LEARNING OBJECTIVES:</b>	<ul style="list-style-type: none"> <li>• Understand the sociology of health, illness, and medicine.</li> <li>• Examine theoretical approaches to health and medicine.</li> <li>• Analyse the social, cultural, and economic determinants of health.</li> <li>• Explore systems of medicine and medical pluralism.</li> </ul>
<b>COURSE OUTCOMES:</b>	<ul style="list-style-type: none"> <li>• Demonstrate an understanding of the sociological aspects of health, illness, and medicine, including their social, cultural, and structural dimensions.</li> <li>• Critically evaluate key theoretical perspectives on health and medicine, applying functionalist, conflict, and behavioural model to real-world healthcare issues.</li> <li>• Analyse the social, cultural, and economic determinants of health, assessing their impact on healthcare access, disparities, and well-being.</li> <li>• Explore systems of medicine and medical pluralism, understanding the role of Ayurvedic, Homeopathy, Siddha, Unani, and Allopathic medicine in healthcare practices.</li> </ul>

<b>Unit</b>	<b>Course Content</b>	<b>Andragogy</b>	<b>No of Lectures</b>
1	Over view of Sociology of Health and Medicine <ol style="list-style-type: none"> <li>Development of Sociology of Health and Scope</li> <li>Concept of Health and Illness</li> <li>Dimensions of Health</li> </ol>	-Readings -Academic journals articles -PowerPoint presentations -Audio- visual aids and group discussion	15
2	Approaches in Health and Medicine <ol style="list-style-type: none"> <li>Functionalist</li> <li>Conflict</li> <li>Behavioural Model</li> </ol>	- Readings -PowerPoint presentations -Audio- visual aids -discussion	15
3	Determinants of Health <ol style="list-style-type: none"> <li>Social Determinants</li> <li>Cultural Determinants</li> <li>Economic Determinants</li> </ol>	-Readings -field visits - documentary screenings Case studies	15

4	Systems of Medicine and Medical Pluralism a. Ayurvedic Medicine b. Homeopathy, Siddha, Unani c. Allopathy	-Readings -discussion -PowerPoint presentations -Audio- visual aids -Guest lecture -field visit	15
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### RECOMMENDED/SUGGESTED READINGS and REFERENCES

Abraham, L. (2005). Indian systems of medicine (ISM) and public health care in India. In L. V. Gangoli, A. R. Duggal, & A. Shukla (Eds.), *Review of health care in India*. Mumbai: Centre for Enquiry into Health and Allied Themes.

Baru, Rama 2003 Privatisation of Health Services: A South Asian Perspective *Economic and Political Weekly* Vol 38. No. 42 (Oct-18-24) 2003 pp 4433-4437

Bhardwaj, Ruby (2010) 'Medical Pluralism in India: The Interface of Contemporary and Alternative Therapies with Allopathy' in Arima Mishra (ed.) *Health, Illness and Medicine: Ethnographic Readings*. Delhi: Orient Black Swan

Bircher, J. (2005), "Towards a dynamic definition of health and disease", *Medical Health Care Philosophy*, 8:335- 41

Conrad Peter. 2018. *The Sociology of Health and Illness: Critical Perspectives*; Sage.

Freund, P. E. S., McGuire, M. B., & Podhurst, L. S. (2003). *Health illness and the social body: A critical sociology* (4th ed.). Prentice Hall.

Government of India (2005), *AYUSH in India*, New Delhi: Planning and Evaluation Cell, Department of ISM and Homoeopathy, Ministry of Health and Family Welfare.

Jayasundar, R. (2012). *Contrasting approaches to health and disease: Ayurveda and biomedicine*. In V. Sujatha & L. Abraham (Eds.), *Medical pluralism in contemporary India*. Orient Black Swan.

Nagla, M. (Ed.). (2013). *Readings in Indian sociology: Volume IV: Sociology of health*. SAGE Publications.

Nagla, M. (2018). *Sociology of health and medicine*. Rawat Publications.

Short, S. E., & Mollborn, S. (2015). Social determinants and health behaviours: Conceptual frames and empirical advances. *Current Opinion in Psychology*, 5, 78–84.

Sujatha, V. (2020). *Sociology of health and medicine*. Oxford University Press

Sujatha, V. (2011). What could "integrative" medicine mean? Social science perspectives on contemporary ayurveda. *Journal of Ayurveda and Integrative Medicine*, 2 (3). Pp. 115–23.

## QUESTION PAPER PATTERN

### (A) FOR CONTINUOUS EVALUATION

#### (A-1) RUBRICS FOR CONTINUOUS EVALUATION

##### Sociology of Health and Medicine - 40 Marks

Sr No.	Examination Method	Marks	Marking Scheme	Criteria
1	Assignment	10	Subject knowledge- 6marks, Presentation skills – 4 marks	Clarity of thought, conceptual clarity, originality.
2	Project/ Review article/ Documentaries/ Report writing	20	Subject knowledge – 10 marks, Content – 6 marks, Presentation-4 marks	Topic will be given by faculty
3	Class Participation	5	Excellent – 5 marks, Good – 3 to 4 marks, Satisfactory – 1 to 2 marks	Attentiveness, Response & Behaviour of student in class
4	Viva-Voce	5	Based on performance	
		40		

### (B) QUESTION PAPER PATTERN FOR SEMESTER END EXAMINATION

Maximum Marks: 60

Duration: 2 Hours

The question paper will have a total of five questions

All questions would be compulsory and there would be an internal choice in the first four questions.

The last question would be on concepts. Students will have a choice of attempting any four out of six concepts.

Question No.	Description	Total Marks
1	Essay Type Questions (Attempt Any One out of two Based on Unit I)	12
2	Essay Type Questions (Attempt Any One out of two on Unit II)	12
3	Essay Type Questions (Attempt Any One out of two on Unit III)	12
4	Essay Type Questions (Attempt Any One out of two on Unit IV)	12
5	Concepts: Attempt any 4 out of 6 given (3 marks each)	12