

SES's L.S. RAHEJA COLLEGE OF ARTS AND COMMERCE(AUTONOMOUS)

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| Syllabus for Approval | BoS meeting held on: 17/02/2025 | AC meeting held on : |
|-----------------------|------------------------------------|----------------------|

Board of Studies: PSYCHOLOGY

| Sr. No. | Heading | Particulars |
|----------------|---|--|
| 1 | Nomenclature of the Course | <u>S.Y.B.A.</u> <u>Developmental Psychology- II</u> |
| 2 | Eligibility for Admission | <u>College Admission regulations 2024</u> |
| 3 | Passing Marks for eligibility | <u>2</u> |
| 4 | Regulations | College Regulations on Admission |
| 5 | Programme | <u>Bachelor OF ARTS- PSYCHOLOGY</u> <u>MAJOR</u> |
| 6 | Semesters | Semester: IV |
| 7 | NEP Vertical | Major |
| 8 | Credit | 4 |
| 9 | Level U.G/PG | <u>U.G.</u> |
| 10 | Pattern | Semester: IV |
| 11 | Status (Revised or New) If revised, % of change) | Revised (50%) |
| 12 | To be implemented from Academic Year | From the Academic Year: 2025-26 |

Date: 25/03/2025



Chairman / Chairperson:
(name & signature)

SES's L.S. RAHEJA COLLEGE OF ARTS AND COMMERCE (AUTONOMOUS)



BOARD OF STUDIES: PSYCHOLOGY

PROGRAMME: B.A. PSYCHOLOGY - MAJOR

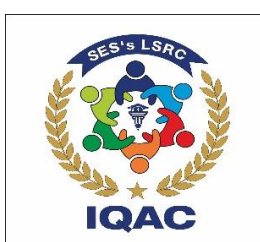
SEMESTER: IV

NOMENCLATURE OF THE COURSE: DEVELOPMENTAL PSYCHOLOGY II

NEP Vertical: MAJOR

Credit: 4

(As Per Choice Based Credit System (under NEP 2020) with effect from the academic year 2025-26)



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| Programme: | BA- Psychology Major |
| Nomenclature of the Course | DEVELOPMENTAL PSYCHOLOGY II |
| Total Marks | 100 |
| Semester: | IV |
| Academic year | 2025-26 |

LEARNING OBJECTIVES: This course aims to provide students with a comprehensive understanding of lifespan development, focusing on the physical, cognitive, and social and personality changes from Adolescence to late adulthood

COURSE OUTCOMES:

1. Classify, and summarize the various factors that influence the development of adolescents.
2. Analyze the various developmental milestones during early adulthood and extend its understanding to daily living.
3. Analyze the dynamics of relationships, including family, marriage, and friendships, in middle adulthood.
4. Examine various perspectives on death, grief, and bereavement, and their psychological impact..

| Unit | Course Content | Andragogy | No of Lectures |
|-------------------|--|---|-----------------------|
| Module I | 1. Adolescence 1.1 Physical maturation 1.2 Nutrition, food & eating disorders 1.3 Cognitive development 1.4 Identity 1.5 Relationships: Family & friends | Interactive lectures, problem based learning, ethical case studies, practical assignments | 15 |
| Module II | 2. Early Adulthood 2.1 Physical Development 2.2 Stress and Coping 2.3 Forging relationships 2.4 Course of relationships 2.5 Work: Choosing & embarking on a career | Interactive lectures, problem based learning, practical assignments | 15 |
| Module III | 3. Middle Adulthood 3.1 Physical Development 3.2 Health 3.3 Personality development 3.4 Relationships 3.5 Work & Leisure | Interactive lectures, problem based learning, practical assignments | 15 |
| Module IV | 4. Late Adulthood, Death & Dying 4.1 Physical Development | Interactive lectures, problem based learning, | 15 |

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| | 4.2 Approaches to aging and Postponing aging 4.3 Personality development and successful aging 4.4 Relationships: Old & New 4.5 Confronting death 4.6 Grief & Bereavement | practical assignments | |
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REFERENCE BOOKS

1. Feldman, R. S. & Babu, N. (2018). Development across the Life Span. (8th Ed). India: Pearson India Education services Pvt.Ltd

Additional References

1. Cook, J. L., & Cook, G. (2009). Child Development: Principles and Perspectives. Boston: Pearson Education
2. Crandell, T. L., Crandell, C. H., & Zanden, J. W. V. (2009). Human Development. (9th Ed). New York: McGraw Hill co. Inc.
3. Feldman, R. S., & Babu, N. (2011). Discovering the Life Span. Indian subcontinent adaptation, New Delhi: Dorling Kindersley India pvt ltd.
4. Papalia, D. E., Olds, S. W., & Feldman, R. (2012). Human Development. (12th Ed). McGraw Hill, international Edition
5. Papalia, D. E., Olds, S. W., & Feldman, R. (2012). Human Development. (12th Ed). McGraw Hill, international Edition
6. Santrock, J. (2017). Life-span development (13th ed.). Indian Edition. McGraw-Hill Higher Education.
7. Singh, A. (Ed.) (2015). Foundations of human development: A life span approach. Orient Longman.

QUESTION PAPER PATTERN

(A) FOR CONTINUOUS EVALUATION

| | |
|---------------------|-------------------|
| 20 marks class test | MCQ----- 20 marks |
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(A-1)

(A-1) RUBRICS FOR CONTINUOUS EVALUATION

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|----------|--------------------------|
| 20 marks | Assignment----- 10 marks |
| | Viva Voce-----10 marks |

(B)

QUESTION PAPER PATTERN FOR SEMESTER END EXAMINATION

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|----------|---|
| 60 marks | Q1. Answer in brief (1/2)----- 15 marks |
| | Q2. Answer in brief (1/2)----- 15 marks |
| | Q3. Answer in brief (1/2)----- 15 marks |
| | Q4. Answer in brief (1/2)----- 15 marks |