

**SES's L.S. RAHEJA COLLEGE OF ARTS AND  
COMMERCE  
(AUTONOMOUS)**



**BOARD OF STUDIES:** Co-Curricular Courses

**PROGRAMME:** BAMMC

**SEMESTER:** III

**NOMENCLATURE OF THE COURSE:** Performing Arts: Indian  
Classical Dances

**NEP Vertical:** Co-Curricular Courses (CC)

**Credit:** 02

(As Per Choice Based Credit System (under NEP 2020) with effect from the academic year 2025-2026)



<b>Programme:</b>	Bachelor of Arts in Multimedia and Mass communication
<b>Nomenclature of the Course</b>	Performing Arts: Indian Classical Dances
<b>Total Marks</b>	50 marks
<b>Semester:</b>	III
<b>Academic year</b>	2025-26

### LEARNING OBJECTIVES:

- Explore various classical and contemporary dance forms.
- Analyze the historical and cultural influences on dance.
- Develop an appreciation for choreography and movement techniques.
- Understand the role of dance in artistic and social expression.

### COURSE OUTCOMES:

- Introduce students to diverse dance traditions worldwide.
- Encourage critical analysis of dance as an art form.
- Foster creativity and self-expression through movement.
- Provide opportunities for hands-on engagement with dance performances.

Module	Course Content	Andragogy	No of Lectures
<b>Module-I:</b> Introduction to Bharata Natyam / Mohini Attam / Kathak / Folk Dance (Theoretical Foundations)	Shlokas from Abhinayadarpanam:- Namaskriyaa- Rangadidevta Stuti- Natyakrama- Asamyuta Hastas (Definitions 1 to 14)- Shirobheda- Drishtibheda- Grivabheda	<ul style="list-style-type: none"> <li>•Lecture</li> <li>•Demonstration</li> <li>•Audio-visual aids</li> <li>•Recitation practice</li> <li>•Group discussions</li> </ul>	15
<b>Module-II:</b> Introduction to Bharata Natyam / Mohini Attam / Kathak / Folk Dance (Practical Foundations)	Basic Steps of Chosen Dance Style with one small introductory item	<ul style="list-style-type: none"> <li>•Practical demonstrations</li> <li>•Physical training</li> <li>•One-on-one corrections</li> <li>•Group practice sessions, Video analysis</li> </ul>	15
	Total		30

## SUGGESTED READINGS

1. Nandikeswara, "Abhinaya Darpana" (Translation by Manmohan Ghosh)
2. Kapila Vatsyayan, "Indian Classical Dance"
3. Sunil Kothari, "Bharata Natyam: Indian Classical Dance Art"
4. Leela Samson, "Rhythm in Joy: Classical Indian Dance Traditions"
5. Mandakranta Bose, "Movement and Mimesis: The Idea of Dance in the Sanskrit Tradition"

## REFERENCES

1. Padma Subrahmanyam, "Karanas: Common Dance Codes of India and Indonesia"
2. Raja Radha Reddy, "Understanding Kathak"
3. Kalamandalam Govindan Kutty, "Mohiniattam: The Dance of the Enchantress"
4. Chitra Visweswaran, "Bharatanatyam: A Tradition in Transition"
5. Durgalal, "Kathak Nritya Shiksha"

## QUESTION PAPER PATTERN

### RUBRICS FOR CONTINUOUS EVALUATION

#### Assessment Rubric (50 Marks)

Component	Marks	Criteria
<b>Attendance &amp; Participation</b>	10	Regular attendance, active participation in class discussions, engagement in group activities, punctuality
<b>Written Assignments &amp; Quiz</b>	15	Understanding of theoretical concepts, knowledge of terminology, comprehension of historical context, application of concepts
<b>Practical Demonstration</b>	15	Technical execution of movements, rhythm and timing, posture and alignment, expression, memorization of sequences
<b>Final Presentation &amp; Evaluation</b>	10	Overall performance quality, integration of theoretical knowledge with practical skills, stage presence, artistic interpretation

**Passing Criteria: Minimum 40% (20 marks out of 50)**