

**SES's L.S. RAHEJA COLLEGE OF ARTS AND COMMERCE
(AUTONOMOUS)**



BOARD OF STUDIES: Co-Curricular Courses

PROGRAMME: Bachelor of Science (Information Technology)

SEMESTER: III

NOMENCLATURE OF THE COURSE: Performing Arts: Indian

Classical Dances

NEP Vertical: CC

Credit: 02

(As Per Choice Based Credit System (under NEP 2020) with
effect from the Academic Year 2025-26)



Programme :	Bachelor of Science (Information Technology)
Nomenclature of the Course	Performing Arts: Indian Classical Dances
Total Marks	50 Marks
Semester:	III
Academic year	2025-26

LEARNING OBJECTIVES:

- Explore various classical and contemporary dance forms.
- Analyze the historical and cultural influences on dance.
- Develop an appreciation for choreography and movement techniques.
- Understand the role of dance in artistic and social expression.

COURSE OUTCOMES:

- Introduce students to diverse dance traditions worldwide.
- Encourage critical analysis of dance as an art form.
- Foster creativity and self-expression through movement.
- Provide opportunities for hands-on engagement with dance performances.

Module	Course Content	Andragogy	No of Lectures
Module-I: Introduction to Bharata Natyam / Mohini Attam / Kathak / Folk Dance (Theoretical Foundations)	Shlokas from Abhinayadarpanam:- Namaskriyaa- Rangadidevta Stuti- Natyakrama- Asamyuta Hastas (Definitions 1 to 14)- Shirobheda- Drishtibheda- Grivabheda	•Lecture •Demonstration •Audio-visual aids •Recitation practice •Group discussions	15
Module-II: Introduction to Bharata Natyam / Mohini Attam / Kathak / Folk Dance (Practical Foundations)	Basic Steps of Chosen Dance Style with one small introductory item	•Practical demonstrations •Physical training •One-on-one corrections •Group practice sessions, Video analysis	15

SUGGESTED READINGS:

1. Nandikeswara, "Abhinaya Darpana" (Translation by Manmohan Ghosh)
2. Kapila Vatsyayan, "Indian Classical Dance"
3. Sunil Kothari, "Bharata Natyam: Indian Classical Dance Art"
4. Leela Samson, "Rhythm in Joy: Classical Indian Dance Traditions"
5. Mandakranta Bose, "Movement and Mimesis: The Idea of Dance in the Sanskrit Tradition"

References:

1. Padma Subrahmanyam, "Karanas: Common Dance Codes of India and Indonesia"
2. Raja Radha Reddy, "Understanding Kathak"
3. Kalamandalam Govindan Kutty, "Mohiniattam: The Dance of the Enchantress"
4. Chitra Visweswaran, "Bharatanatyam: A Tradition in Transition"
5. Durgalal, "Kathak Nritya Shiksha"

QUESTION PAPER PATTERN

RUBRICS FOR CONTINUOUS EVALUATION

Assessment Rubric (50 Marks)

Component	Marks	Criteria
Attendance & Participation	10	Regular attendance, active participation in class discussions, engagement in group activities, punctuality
Written Assignments & Quiz	15	Understanding of theoretical concepts, knowledge of terminology, comprehension of historical context, application of concepts
Practical Demonstration	15	Technical execution of movements, rhythm and timing, posture and alignment, expression, memorization of sequences
Final Presentation & Evaluation	10	Overall performance quality, integration of theoretical knowledge with practical skills, stage presence, artistic interpretation

Passing Criteria: Minimum 40% (20 marks out of 50)