

**SES's L. S. RAHEJA COLLEGE OF ARTS AND COMMERCE
(AUTONOMOUS)**



**Ad Hoc Board of Studies:
Co – Curricular Courses**

Composition of the Ad Hoc BoS – Co-Curricular Courses (CC)

Sr. No.	Capacity in BoS	Name & Affiliation	Designation
1	Chairperson / Convener	Dr. Akshata Kulkarni , SES's L.S. Raheja College of Arts & Commerce (Autonomous), Mumbai	Associate Professor in Environment Studies; Convener of the Sub-Committee
2	Member Secretary	Shri Ramsagar Yadav , SES's L.S. Raheja College of Arts & Commerce (Autonomous), Mumbai	Assistant Professor in Mathematics; Member Secretary of the Sub-Committee
3	Member	Dr. Dipali Patil , SES's L.S. Raheja College of Arts & Commerce (Autonomous), Mumbai	Sports Director
4	Sports Expert (External)	Dr. Aaditya Kulkarni , Dahanukar College, Vile Parle, Mumbai	Sports Director
5	Ex-officio Member	Dr. Vaishali Pandya , SES's L.S. Raheja College of Arts & Commerce (Autonomous), Mumbai	Assistant Professor in B.Com (A&F)
6	External Expert (Dance)	Dr. Uma Rele , Nalanda Nritya Kala Mahavidyalaya	Principal; External Expert for Dance
7	External Expert (NSS)	Dr. Vijendra Shekhawat , University of Mumbai	NSS District Coordinator
8	Member	Ms. Sampada Almeida , SES's L.S. Raheja College of Arts & Commerce (Autonomous), Mumbai	Assistant Professor, B.Com in Management Studies
9	Ex-officio Member	Dr. Samya Shinde , SES's L.S. Raheja College of Arts & Commerce (Autonomous), Mumbai	Associate Professor; HOD of Sociology
10	Member	Mr. Tejas Pednekar , SES's L.S. Raheja College of Arts & Commerce (Autonomous), Mumbai	Assistant Professor, B.Com in Banking & Finance



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Linguistic (Gujarati) Minority

L. S. RAHEJA COLLEGE OF ARTS & COMMERCE

Estd : 1980

NAAC ACCREDITED B++ (3rd Cycle)

Relief Road, Santacruz (W), Mumbai - 400 054, Email: registrar@lsraheja.org
Tel: 2660 9320 / 2661 4101, Website : www.lsraheja.org

Ref. No. LSRC/C-C./Notice /2024--25/246

Date-25/4/2024

SUB-COMMITTEE MEETING of Co-Curricular Courses

Meeting Notice

The meeting of sub-committee to prepare nomenclature & Syllabi under N.S.S., N.C.C., Sports, Dance and Yoga (both aided and unaided section) under Co-Curricular courses will be held on 26th April 2024 at 11.30am. in the A.V.Room.

The members of the Sub-Committee are requested to attend the meeting.


Dr. Akshata Kulkarni

Convener

AGENDA





1. To welcome and introduce the members of the subcommittee.
2. To present the syllabi of NSS, NCC, PHYSICAL EDUCATION AND SPORTS, DANCE APPRECIATION, YOGIC AASNAS AND MEDITATION - aided and unaided sections.
3. To get suggestions from members
4. Any other business with the permission of the Chair.

Physical Attendance Record – Ad Hoc BoS Co-Curricular Courses

Date: 26th April, 2024

Venue: A.V. Room, SES's L.S. Raheja College of Arts & Commerce

Mode: Hybrid (Physical + Online)

Sr. No.	Name of Member	Designation / Role	Mode of Attendance	Signature (if Physical)
1.	Dr. Akshata Kulkarni	Convener, Associate Professor (Env. Studies, LSRC)	Physical	
2.	Shri Ramsagar Yadav	Member Secretary, Assistant Professor (Mathematics)	Physical	
3.	Dr. Dipali Patil	Sports Director, LSRC	Physical	
4.	Dr. Vaishali Pandya	Ex-officio Member, Asst. Professor (B.Com A&F, LSRC)	Physical	
5.	Mr. Tejas Pednekar	Member, Assistant Professor (B.Com Banking & Fin.)	Physical	
6.	Ms. Sampada Almeida	Member, Asst. Professor (BMS, LSRC)	Physical	
7.	Dr. Aaditya Kulkarni	Sports Expert, Sports Director, Dahanukar College	Online	NA
8.	Dr. Uma Rele	External Expert, Principal – Nalanda Nriya Kala	Online	NA
9.	Dr. Vijendra Shekhawat	External Expert, NSS District Coordinator, Univ. of Mumbai	Online (sent suggestions by email)	NA
10.	Dr. Samya Shinde	Ex-Officio, HOD Sociology, LSRC	Physical	— Absent —

Online Attendance Record (MS Teams)

Meeting: Ad Hoc BoS Subcommittee – Co-Curricular Courses (NSS, NCC, Sports & Yoga)

Date: 26th April 2024

Time: 11:30 AM onwards

Mode: Online (Microsoft Teams)

Sr. No.	Name of Member	Designation / Affiliation	Join Time	Leave Time	Remarks
1.	Dr. Aaditya Kulkarni	Sports Director, Dahanukar College (External Expert)	11:08 AM	11:45 AM	Actively participated in Sports curriculum discussion
2.	Dr. Uma Rele	Principal, Nalanda Nritya Kala Mahavidyalaya (Expert – Dance)	11:12 AM	11:31 AM	Shared syllabus inputs for Dance Appreciation
3.	Dr. Vijendra Shekhawat	NSS District Coordinator, Univ. of Mumbai (External Expert)	11:10 AM	11:27 AM	Gave NSS feedback via email; limited online presence

SES's L.S. RAHEJA COLLEGE OF ARTS AND COMMERCE
(Autonomous)

Title: Minutes of Meeting in the subjects of Foundation courses in NSS, NCC, Dance Appreciation, Physical Education and Sports, Yogic Aasanas and Meditation
DATE: 26th April, 2024
VENUE: A.V. Room
MEMBERS PRESENT
1. Dr. Akshata Kulkarni-Convener of the sub-committee 2. Dr. Dipali Patil – Sports Director, L.S. Raheja college 3. Mr. Ramsagar Yadav– Member Secretary of Sub Committee 4. Dr. Vaishali Pandya-Ex-officio Members 5. Dr. Aaditya Kulkarni–Sports Director, Dahanukar College, Vile Parle 6. .Dr. Uma Rele-Principal ,Nalanda Nritya Kala Mahavidyalaya, External Expert for Dance 7. Mr. Tejas Pednekar-Member, L.S. Raheja College, Mumbai. 8. Mrs. Sampada Almeida – Member, L.S. Raheja College, Mumbai
AGENDA:
1) To introduce the Members of subcommittee of Co- Curricular Courses 2) Presentation and discussion and approval of nomenclatures, syllabi and examination pattern of First year 2024-25 under NEP 2020. 3) Any other business with the permission of the chair.
TIME: 11:30 AM

Meeting addressed by: Dr. Akshata Kulkarni (Convener of the sub-committee)

MINUTES

Item 1:

To formally introduce the subcommittee Members to each other. Dr. Akshata Kulkarni introduced all the members.

Item 2:

To discuss, finalize and approve the draft syllabi for final approval of academic council. Syllabi of 05 courses for Semester I and II were discussed, changed, finalized and approved by the Subcommittee members as follows:

I] BA & BCOM SEM I and SEM II- CC in NSS: (2 CREDITS)

The syllabus was shown, discussed and was approved by all the members.

II] BA and B.COM SEM I and II -CC in NCC: (2 CREDITS)

The Syllabus was shown, discussed and was approved by all the members.

III] B.A. and BCOM SEM I and Sem II – CC: Dance Appreciation (2 CREDITS)

The Syllabus was shown, discussed and was approved by all the members.

IV] B.A. and B.COM Sem I and Sem II- CC: Yogic Aasanas and Meditation

The Syllabus was shown, discussed and was approved by all the members.

V] B.A & BCOM SEM I and II –CC: Physical Education & Sports (2 CREDITS)

The Syllabus was shown, discussed and was approved by all the members.

Discussions:

The committee deliberated on the syllabi for the Foundation Course in NSS, Physical Education and Sports, Yogic Asanas and Meditation, and Dance Appreciation. Members reviewed proposed structures and content, aiming to align these with contemporary educational standards. Dr. Aditya Kulkarni emphasized the importance of physical activities like sports and yoga as essential in students' routine lives. Dr. Akshata Kulkarni noted the need for stress relief activities in today's competitive world, suggesting these courses as beneficial diversions. All members agreed and suggested that students opting for these courses should be encouraged to pursue activities of their choice at any institute they prefer, providing a completion certificate for grading by the in-charge teacher. This approach aims to:

1. Offer students a variety of choices.
 2. Reduce the stress of attending mandatory lectures.
 3. Evaluate students based on their performance at local, intercollegiate, state, or national levels, without specific written tests.
- Dr. Dipali Patil added that all students should be allowed to participate in the Fittest Boy and Fittest Girl Competition, which would serve as the grading basis for those enrolled in sports and Physical Education.
 - The committee unanimously decided to initiate the Foundation Course in NCC in the academic year 2024-2025.

Inputs by Absent Member:

Dr. Vijendra Shekhawat, though absent, sent his suggestions via email, which were incorporated into the discussions by the convener. The NSS Program Officer submitted the entire syllabus for the NSS as per university norms, which was accepted by all members. It was also decided to introduce NSS in the first semester for Aided First Year students and as a subject for the first-year SFC students in the second semester. The Dance Appreciation course would be available to Aided First Year students in the second semester and to SFC students in the first semester.

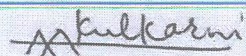
Decisions:

1. Approval of syllabi for the Foundation Course in NSS and NCC, Physical Education and Sports, Yogic Asanas and Meditation, and Dance Appreciation.

Action Items:

1. Finalize and circulate the approved syllabi to relevant departments.
2. Begin preparatory work for the introduction of the Foundation Course in NCC.

The meeting concluded with Dr. A.A. Kulkarni thanking the members for their contributions and emphasizing the importance of these courses in enriching the academic curriculum. The next meeting is scheduled for June 2024, with details to be communicated later.



Dr. Akshata Kulkarni
Convener

Sub-Committee of Co-Curricular courses

List of Courses Approved By BoS- Co-Curricular Courses (CC)

Sr. No.	Nomenclature Of the Course	Programme	Semester	Vertical	Credit
1.	Foundation Course in NCC	All Courses	I & II	CC	2
2.	Foundation Course in NSS	All Courses	I & II	CC	2
3.	Dance Appreciation	All Courses	I & II	CC	2
4.	Physical Education and Sports	All Courses	I & II	CC	2
5.	Yogic Asanas and Meditation	All Courses	I & II	CC	2



Reminder: Upcoming BOS Subcommittee Meeting on CC for NSS, NCC, Sports, and Yoga

2 messages

Akshata Kulkarni <akshata.kulkarni@lsraheja.org>

To: bos.ccnsncc@lsraheja.org, Aditya Kulkarni <adityaa0014@gmail.com>, vijendradoc@yahoo.com

Thu, Apr 25, 2024 at 4:57 PM

Dear Members of the Board of Studies,

We would like to remind you of the forthcoming meeting of the Board of Studies Subcommittee for Curriculum Coordination (CC) relating to NSS, NCC, Sports, and Yoga. Please review the meeting specifics provided below:

Date: April 25, 2024

Time: 11:30 PM

Venue: AV Room, SES's L.S. Raheja College of Arts & Commerce

Mode: Hybrid

Link for Remote Access:

https://teams.microsoft.com/l/meetup-join/19%3a0j0ij8_Bak-FLBk_bev8_zo4L_HzpDxW3sRDA0JVNQ1%40thread.tacv2/1713939601766?context=%7b%22Tid%22%3a%2225176a81-d60a-4083-8b7036db56c4ff66%22%2c%22Oid%22%3a%22a1e5cea1-aa11-45cc-bba6-a983ae7faf35%22%7d

Attendance is mandatory for all committee members. The agenda will focus on developing nomenclatures and syllabi for both aided and unaided sections, a pivotal endeavor to align our curriculum with modern educational standards and requirements. Please confirm your attendance by responding to this email. Ensure that your setup for remote participation is prepared to engage effectively in the discussions.

Thank you for your dedicated commitment to the advancement of our academic programs. We look forward to our collective efforts to enhance the educational experiences we provide.

Warm regards,

Dr. A. A. Kulkarni,

Convener, Subcommittee of CC,

SES's L.S. Raheja College of Arts & Commerce,

Santacruz(W), Mumbai 400054.

Mr. Ramsagar Yadav <ramsagar.yadav@lsraheja.org>

To: Vijendra Shekhawat <vijendradoc@yahoo.com>, Vijendra pratap singh shekhawat <toppsshekhawat@gmail.com>

Fri, Apr 26, 2024 at 10:31 AM

Cc: bos.ccnsncc@lsraheja.org

Subject: Review and Feedback Request on the Foundation Course in NSS Syllabus

Dear Dr. Shekhawat,

As we continue to align our academic offerings with the goals set forth under the **New Education Policy (NEP) 2020**, we have developed a new syllabus for the "**Foundation Course in National Service Scheme (NSS)**" under the Department of Sociology, which we plan to introduce in the **academic year 2024-2025**.

Given your esteemed expertise in NSS activities and profound understanding of community engagement, we are reaching out to seek your valuable feedback on the



MOM of todays meeting of subcommittee under BOS of Sociology.

1 message

Akshata Kulkarni <akshata.kulkarni@lsraheja.org>

Fri, Apr 26, 2024 at 11:56 PM

To: Dipali Patil <dipali.patil@lsraheja.org>, Mr. Ramsagar Yadav <ramsagar.yadav@lsraheja.org>, Vaishali Pandya <vaishali.pandya@lsraheja.org>, Sampada Almeida <sampada.almeida@lsraheja.org>, Tejas Pednekar <tejas.pednekar@lsraheja.org>, Samya Shinde <samya.shinde@lsraheja.org>, Aditya Kulkarni <adityaa0014@gmail.com>

Dear ALL

PFA here the MOM of todays meeting.

Regards,

Dr. Akshata Kulkarni
Convener of subcommittee of CC under BOS of Sociology

Minutes of the Board of Studies in Co-Curricular Courses (CC) as a Subcommittee Under the Department of Sociology, latst.docx
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