

**SES's L.S. RAHEJA COLLEGE OF ARTS and
COMMERCE (AUTONOMOUS)**



BOARD OF STUDIES: Psychology

**PROGRAMME: MA Psychology (with Clinical
Specialization)**

SEMESTER: III

**NOMENCLATURE OF THE COURSE: ADULT
PERSONALITY AND PSYCHOPATHOLOGY**

NEP Vertical: MAJOR

Credit: 4

(As Per Choice Based Credit System (under NEP 2020) with
effect from the academic year 2025-26)



Programme:	MA Psychology (with Clinical Specialization)
Nomenclature of the Course	Adult Personality and Psychopathology
Total Marks	100
Semester:	III
Academic year	2025-26

LEARNING OBJECTIVES: Understand Theoretical Perspectives – Analyze major theories of personality development and their relevance to adult psychopathology.

Analyze Clinical Case Studies – Apply theoretical knowledge to real-world clinical cases, understanding differential diagnoses and comorbidities.

Enhance Clinical Decision-Making – Develop skills for case formulation, treatment planning, and ethical decision-making in clinical practice.

COURSE OUTCOMES:

1. Differentiate Between Disorders
2. Interpret Clinical Case
3. Apply Ethical and Cultural Competence

Unit	Course Content	Andragogy	No of Lectures
1	1. Mood and Anxiety Disorders 1.1 Major Depressive Disorder, 1.2 Bipolar Disorder 1.3 Generalized Anxiety Disorder, Panic Disorder, Phobias 1.4 Obsessive-Compulsive Disorder (OCD), Post-Traumatic Stress Disorder (PTSD)	Interactive lectures PowerPoint presentations Observation and Analysis Case studies	15
2	2. Psychotic and Personality Disorders 2.1 Cluster A (Paranoid, Schizoid, Schizotypal) 2.2 Cluster B (Borderline, Narcissistic, Antisocial, Histrionic) 2.3 Cluster C (Avoidant, Dependant, Obsessive-compulsive Personality Disorder)	Interactive lectures PowerPoint presentations Observation and Analysis Case studies	15
3	3.1 Trauma-Related and Dissociative Disorders 3.1.1 PTSD, Acute Stress Disorder, Adjustment Disorder 3.1.2 Dissociative Identity Disorder, Depersonalization/Derealization, Dissociative Amnesia 3.2 Substance Use and Related Disorders	Interactive lectures PowerPoint presentations Observation and Analysis Case studies	15

	3.2.1 Alcohol, Opioids 3.2.2. Cannabis, Stimulants, Hallucinogens		
4	4. Neurodevelopmental and Neurocognitive Disorders 4.1 Attention-Deficit/Hyperactivity Disorder (ADHD) in Adults 4.2 Autism Spectrum Disorder (ASD) in Adulthood 4.3 Major and Mild Neurocognitive Disorders (Dementia, Alzheimer's, Parkinson's)	Interactive lectures PowerPoint presentations Observation and Analysis Case studies	15

SUGGESTED READINGS

American Psychiatric Association. (2022). Diagnostic and statistical manual of mental disorders (5th ed., text rev.). <https://doi.org/10.1176/appi.books.9780890425787>

Boland, R., Verduin, M., & Ruiz, P. (2021). *Kaplan & Sadock's Synopsis of Psychiatry* (12th ed.). Wolters Kluwer Health.

Casey, P., & Kelly, B. (2019). *Fish's clinical psychopathology: Signs and symptoms in psychiatry* (4th ed.). Cambridge University Press

Millon, T. Blaney, P. and Davis R.D. (1999). Oxford textbook of psychopathology. UK: Oxford University Press

Millon, T., Krueger, R.F., Simonsen, E. (2011). Contemporary Directions in Psychopathology. NY: Guilford Press

Craighead, W.E. Miklowitz, D.J. and Craighead L.W. (2008). Psychopathology: History, Diagnosis and Empirical Foundations. NY: John Wiley and Sons

Maddux, J.E. and Winstead, B.A. (2007). Psychopathology: Foundations for a contemporary understanding. NY: CRC press.

World Health Organization(WHO). (1992). *The ICD-10 classification of mental and behavioural disorders: Clinical description and diagnostic guidelines: Clinical description and diagnostic guidelines*. World Health Organization

QUESTION PAPER PATTERN

(A) FOR CONTINUOUS EVALUATION

20 MARKS CLASS TEST	(MCQ/QUIZ) ----- 20 MARKS
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(A-1)

(A-1) RUBRICS FOR CONTINUOUS EVALUATION

20 MARKS	ASSIGNMENT ----- 10 MARKS
	VIVA-VOCE ----- 10 MARKS

(B)

QUESTION PAPER PATTERN FOR SEMESTER END EXAMINATION

60 MARKS	Q1. Answer in brief (1/2)----- 15 marks
	Q2. Answer in brief (1/2)----- 15 marks
	Q3. Answer in brief (1/2)----- 15 marks
	Q4. Answer in brief (1/2)----- 15 marks